

# Phone Video Recording Suggestions

## Configure Your Phone for the Best Video



### For iPhone/iPad:

- Record using the main camera, not the selfie camera.
- Go to Settings; Click on Camera; Click on Record Video
- Choose 1080p HD at 60 fps or higher

### For Android:

- Record using the main camera, not the selfie camera.
- Picture Size: Leave this on 4:3 (12 MP)
- Video Size: You should **at a minimum** have the phone set on 16:9 FHD (Full High Def) at 1920x1080. You can also shoot 4K by setting this to *UHD (60 fps)* for maximum quality and frame rate).
- Turn off "High efficiency video," "Tracking AF" and "Timer"
- Turn on video stabilization
- Set HDR (Rich Tone) to Auto

## Using your computer to record



### Screencastify:

- Screencastify is a Chrome extension that allows users to record, edit, and share screen recordings.
- You can access free resource here: <https://www.screencastify.com/>
- Check out this video for more info: <https://youtu.be/CX-XvngtsZw>

### Zoom:

- Zoom can be used to record your video.
- Check out this video for more info: <https://support.zoom.us/hc/en-us/articles/201362473-Starting-a-local-recording>
- Learn how to share video here: <https://support.zoom.us/hc/en-us/articles/202291078-Sharing-a-local-recording>

### YouTube:

- YouTube app can be used to record and/ or share video.
- Check out this video for more info: <https://youtu.be/NDNt44uAg-Y>
- Here is another video that gives more detailed steps: <https://youtu.be/N6dhHFmNOEk>

### Soapboxx:

- Soapboxx can be used to record a video with a 3-minute limit.
- Go to <https://ohea.soapboxx.us/landing> and choose the OEA-R Read Across America campaign.
- Click the blue "Record your video" button and center yourself framed up within the camera window. Then click the blue "Start recording" button in that same place.
- Once finished, click "stop" at the bottom of the screen, and then "submit video".
- On the next screen enter your first and last name and email address; other fields (e.g. social media and stuff) can be left blank if desired.

## Look Your Best



Always shoot landscape, never vertical. Turn your phone to the side to create a landscape view like a TV set.

Record the interviewee in the middle of the screen. Make sure the video has a little space above your head and shoot down to the bust line.

The picture at the top is a great example of a landscape shot that is framed well.

The picture at the bottom has too much space above the person's head.



Do not shoot with your back to the sun or a window.

Having the light behind you makes your face look dark.

Instead, turn to make sure the light hits your face.

Do not use the zoom feature. Move closer to the camera or subject.

## Use Accessories

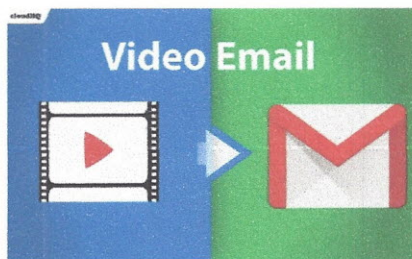


If you have them, use mobile phone accessories like hand grips/mini tripods and stabilizers to improve your video quality.

If you have one, use a microphone. If not, be sure to shoot in a quiet space, preferably indoors.

Use props or interesting background.

## When your done...



Share your video by email to Joel Kohler, OEA Communications Specialist, [kohlerj@ohea.org](mailto:kohlerj@ohea.org).

**DEADLINE for Submission: February 27, 2023**

If your file is too large to share via email, try using this free site, We Transfer, <https://wetransfer.com/>, use Joel's email [kohlerj@ohea.org](mailto:kohlerj@ohea.org) as the recipient.

He will edit the video and if you have any problems or questions please contact him for assistance.